

Lunch / Spry Middle School

NOVEMBER 2022

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|--|--|--|---|
| | 1 BBQ PULLED PORK SANDWICH Mixed Fruit Fresh Fruit 100% Fruit Juice Baked Beans Baby Carrots Tossed Salad | 2 SAMPLER PLATTER w/ Marinara Sauce Pineapple Tidbits Fresh Fruit 100% Fruit Juice Steamed Carrots Baby Carrots Tossed Salad | 3 WAFFLES w/ Sausage Patty Chilled Peaches Fresh Fruit 100% Fruit Juice Hash Brown Patty Baby Carrots Tossed Salad | 4 HAMBURGER CHEESEBURGER Strawberry Cup Fresh Fruit 100% Fruit Juice Oven French Fries Baby Carrots Tossed Salad |
| 7 CHICKEN PATTY SANDWICH Applesauce Fresh Fruit 100% Fruit Juice Fresh Broccoli Baby Carrots Tossed Salad | 8 FRENCH BREAD PIZZA FIESTADA PIZZA Mixed Fruit Fresh Fruit 100% Fruit Juice Baked Beans Baby Carrots Tossed Salad | 9 MOZZARELLA STICKS w/ Marinara Sauce Chilled Pears Fresh Fruit 100% Fruit Juice Steamed Carrots Baby Carrots Tossed Salad | 10 National World Kindness Week TURKEY AND GRAVY Chilled Peaches Fresh Fruit 100% Fruit Juice Mashed Potatoes Baby Carrots Tossed Salad WG Dinner Roll Cookie | 11 NO SCHOOL - Veterans Day |
| 14 BUFFALO CHICKEN MELT Strawberry Cup Fresh Fruit 100% Fruit Juice Oven French Fries Baby Carrots Tossed Salad | 15 PIZZA CRUNCHERS w/ Marinara Sauce Mixed Fruit Fresh Fruit 100% Fruit Juice Golden Corn Baby Carrots Tossed Salad | 16 CHICKEN PARM PASTA WITH SAUCE Chilled Pears Fresh Fruit 100% Fruit Juice Steamed Carrots Baby Carrots Tossed Salad | 17 GENERAL TSO'S CHICKEN GENERAL TSO'S VEGGIE STIR FRY Chilled Peaches Fresh Fruit 100% Fruit Juice Steamed Broccoli Baby Carrots Tossed Salad | 18 BOSCO CHEESE STICK w/ Marinara Sauce Mixed Berry Cup Fresh Fruit 100% Fruit Juice Baked Beans Baby Carrots Tossed Salad |
| 21 COUNTRY SWEET CHICKEN MELT Applesauce Fresh Fruit 100% Fruit Juice Roasted Cauliflower Baby Carrots Tossed Salad | 22 MOZZARELLA STICKS w/ Marinara Sauce Mixed Fruit Fresh Fruit 100% Fruit Juice Golden Corn Baby Carrots Tossed Salad | 23 NO SCHOOL - Thanksgiving Recess | 24 NO SCHOOL - Thanksgiving Recess | 25 NO SCHOOL - Thanksgiving Recess |
| 28 PHILLY CHEESE SANDWICH Strawberry Cup Fresh Fruit 100% Fruit Juice Baked Beans Baby Carrots Tossed Salad | 29 MAC & CHEESE BUFFALO MAC & CHEESE Mixed Fruit Fresh Fruit 100% Fruit Juice Buffalo Cauliflower Baby Carrots Tossed Salad | 30 FRENCH TOAST STICKS w/ Sausage Patty Chilled Pears Fresh Fruit 100% Fruit Juice Hash Brown Patty Baby Carrots Tossed Salad | | |

Daily Milk Options WHITE MILK FAT FREE - WHITE MILK 1% - CHOCOLATE MILK FAT FREE
Daily Options Pizza - Cheese/Pepperoni - Salads - Assorted Sandwiches - Hot Dog
Price Information Breakfast(\$2.00), Lunch(\$3.00), Milk Only(\$0.65)
View more: <http://schools.mealviewer.com/school/SpryMiddleSchool>
 This Institution is an Equal Opportunity Provider