

MIDDLE/HIGH SCHOOL
STUDENT LUNCH = \$2.00

2010/2011 MENU
MIDDLE AND HIGH SCHOOLS ONLY
WEBSTER CENTRAL SCHOOLS
Menu subject to change

APPROPRIATE CONDIMENTS
WILL BE OFFERED DAILY

09/10-01/11	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEK #1					
CHOICE OF ONE PLUS A CHOICE OF UP TO 4 SINGLE PORTIONS ONLY----- 2ND PORTION AT A LA CARTE PRICE	FLAME BROILED HAMBURG OR CHEESEBURGER ASSORTED PB SANDWICH: FLUFF OR ASST.JELLIES EXPRESSWAY* SALAD BAR SUBWAY STATION YOGURT L LUNCH PASTA ETC. @ H.S. ONLY OVEN FRENCH FRIES VEGETARIAN BEANS FRUIT CUP FRUIT JUICE FRESH FRUIT CHOICE MILK OF YOUR CHOICE	TONY'S STUFFED CHEESE STIX WITH MARINARA SAUCE ASSORTED PB SANDWICH: FLUFF OR ASST.JELLIES EXPRESSWAY* SALAD BAR SUBWAY STATION YOGURT L LUNCH PASTA ETC. @ H.S. ONLY VEGETABLE FRUIT CUP FRUIT JUICE FRESH FRUIT CHOICE MILK OF YOUR CHOICE	TYSON CHICKEN TENDERS ASSORTED PB SANDWICH: FLUFF OR ASST.JELLIES EXPRESSWAY* SALAD BAR SUBWAY STATION YOGURT L LUNCH PASTA ETC. @ H.S. ONLY WHOLEGRAIN DINNER ROLL RAW VEGGIES FRUIT CUP FRUIT JUICE FRESH FRUIT CHOICE MILK OF YOUR CHOICE	MEATBALL SUB WITH OR W/OUT MOZZARELLA CHEESE ASSORTED PB SANDWICH: FLUFF OR ASST.JELLIES EXPRESSWAY* SALAD BAR SUBWAY STATION YOGURT L LUNCH PASTA ETC. @ H.S. ONLY VEGETABLE FRUIT CUP FRUIT JUICE FRESH FRUIT CHOICE MILK OF YOUR CHOICE	ASSORTED HOMEMADE PIZZA COOK'S CHOICE ASSORTED PB SANDWICH: FLUFF OR ASST.JELLIES EXPRESSWAY* SALAD BAR SUBWAY STATION YOGURT L LUNCH PASTA ETC. @ H.S. ONLY MIXED GREEN SALAD FRUIT CUP FRUIT JUICE FRESH FRUIT CHOICE MILK OF YOUR CHOICE
WEEK #2					
CHOICE OF ONE PLUS A CHOICE OF UP TO 4 SINGLE PORTIONS ONLY----- 2ND PORTION AT A LA CARTE PRICE	FIESTADA PIZZA ASSORTED PB SANDWICH: FLUFF OR ASST.JELLIES EXPRESSWAY* SALAD BAR SUBWAY STATION YOGURT L LUNCH PASTA ETC. @ spicy. ONLY VEGETABLE FRUIT CUP FRUIT JUICE FRESH FRUIT CHOICE MILK OF YOUR CHOICE	HOT & SPICY CHICKEN PATTY OR PLAIN CHICKEN PATTY ON A BUN ASSORTED PB SANDWICH: FLUFF OR ASST.JELLIES EXPRESSWAY* SALAD BAR SUBWAY STATION YOGURT L LUNCH PASTA ETC. @ H.S. ONLY POTATO PATTY FRUIT CUP FRUIT JUICE FRESH FRUIT CHOICE MILK OF YOUR CHOICE	MOZZARELLA STIXS WITH MARINARA SAUCE FOR DIPPIN' & GARLIC PASTA ASSORTED PB SANDWICH: FLUFF OR ASST.JELLIES EXPRESSWAY* SALAD BAR SUBWAY STATION YOGURT L LUNCH PASTA ETC. @ H.S. ONLY VEGETABLE FRUIT CUP FRUIT JUICE FRESH FRUIT CHOICE MILK OF YOUR CHOICE	(2) SOFT OR HARD TACOS WITH FIXINS' (LETTUCE, CHEESE, TOMATOES & SALSA) ASSORTED PB SANDWICH: FLUFF OR ASST.JELLIES EXPRESSWAY* SALAD BAR SUBWAY STATION YOGURT L LUNCH PASTA ETC. @ H.S. ONLY SPANISH RICE VEGETABLE FRUIT CUP FRUIT JUICE FRESH FRUIT CHOICE MILK OF YOUR CHOICE	Middle Schools Only : ORIENTAL STIR FRY High Schools Only: TST. HAM & CHEESE OR TST. CHEESE SANDWICH Both: ASTD. PB SANDWICH: FLUFF OR ASST.JELLIES EXPRESSWAY* SALAD BAR SUBWAY STATION YOGURT L LUNCH PASTA ETC. @ H.S. ONLY VEGETABLE FRUIT CUP FRUIT JUICE FRESH FRUIT CHOICE MILK OF YOUR CHOICE
WEEK #3					
CHOICE OF ONE PLUS A CHOICE OF UP TO 4 SINGLE PORTIONS ONLY----- 2ND PORTION AT A LA CARTE PRICE	MINI CALZONES WITH MARINARA SAUCE ASSORTED PB SANDWICH: FLUFF OR ASST.JELLIES EXPRESSWAY* SALAD BAR SUBWAY STATION YOGURT L LUNCH PASTA ETC. @ H.S. ONLY VEGETABLE FRUIT CUP FRUIT JUICE FRESH FRUIT CHOICE MILK OF YOUR CHOICE	ZWEIGLE HOT DOG ON BUN WITH ASST. TOPPINGS ASSORTED PB SANDWICH: FLUFF OR ASST.JELLIES EXPRESSWAY* SALAD BAR SUBWAY STATION YOGURT L LUNCH PASTA ETC. @ H.S. ONLY FRENCH FRIES VEGETARIAN BEANS FRUIT CUP FRUIT JUICE FRESH FRUIT CHOICE MILK OF YOUR CHOICE	FLAME BROILED HAMBURG OR CHEESEBURGER W/OR W/OUT BACON ASSORTED PB SANDWICH: FLUFF OR ASST.JELLIES EXPRESSWAY* SALAD BAR SUBWAY STATION YOGURT L LUNCH PASTA ETC. @ H.S. ONLY MACARONI SALAD RAW VEGGIES FRUIT CUP FRUIT JUICE FRESH FRUIT CHOICE MILK OF YOUR CHOICE	Middle Schools Only : WHOLEGRAIN PASTA W/ MEAT SAUCE & ITAL.BRD. High Schools Only: CHICKEN RICE BOWL Both: ASTD. PB SANDWICH: FLUFF OR ASST.JELLIES EXPRESSWAY* SALAD BAR SUBWAY STATION YOGURT L LUNCH PASTA ETC. @ H.S. ONLY MIXED GREEN SALAD FRUIT CUP FRUIT JUICE FRESH FRUIT CHOICE MILK OF YOUR CHOICE	SHRIMP POPPERS ASSORTED PB SANDWICH: FLUFF OR ASST.JELLIES EXPRESSWAY* SALAD BAR SUBWAY STATION YOGURT L LUNCH PASTA ETC. @ H.S. ONLY WHOLEGRAIN DINNER ROLL ROASTED VEGETABLES FRUIT CUP FRUIT JUICE FRESH FRUIT CHOICE MILK OF YOUR CHOICE
WEEK #4					
CHOICE OF ONE PLUS A CHOICE OF UP TO 4 SINGLE PORTIONS ONLY----- 2ND PORTION AT A LA CARTE PRICE	NEW ITEM: PIZZA CRUNCHERS ASSORTED PB SANDWICH: FLUFF OR ASST.JELLIES EXPRESSWAY* SALAD BAR SUBWAY STATION YOGURT L LUNCH PASTA ETC. @ H.S. ONLY FRENCH FRIES VEGETABLE FRUIT CUP FRUIT JUICE FRESH FRUIT CHOICE MILK OF YOUR CHOICE	TYSON POPCORN CHICKEN BITES ASSORTED PB SANDWICH: FLUFF OR ASST.JELLIES EXPRESSWAY* SALAD BAR SUBWAY STATION YOGURT L LUNCH PASTA ETC. @ H.S. ONLY WHOLEGRAIN DINNER ROLL VEGETABLE FRUIT CUP FRUIT JUICE FRESH FRUIT CHOICE MILK OF YOUR CHOICE	TURKEY & GRAVY ASSORTED PB SANDWICH: FLUFF OR ASST.JELLIES EXPRESSWAY* SALAD BAR SUBWAY STATION YOGURT L LUNCH PASTA ETC. @ H.S. ONLY WHOLEGRAIN DINNER ROLL MASHED POTATOES VEGETABLE FRUIT CUP FRUIT JUICE FRESH FRUIT CHOICE MILK OF YOUR CHOICE	MACHO NACHOS ASSORTED PB SANDWICH: FLUFF OR ASST.JELLIES EXPRESSWAY* SALAD BAR SUBWAY STATION YOGURT L LUNCH PASTA ETC. @ H.S. ONLY VEGETABLE FRUIT CUP FRUIT JUICE FRESH FRUIT CHOICE MILK OF YOUR CHOICE	FISH SANDWICH ON A BUN TOASTED CHEESE SAND. ASSORTED PB SANDWICH: FLUFF OR ASST.JELLIES EXPRESSWAY* SALAD BAR SUBWAY STATION YOGURT L LUNCH PASTA ETC. @ H.S. ONLY VEGETABLE FRUIT CUP FRUIT JUICE FRESH FRUIT CHOICE MILK OF YOUR CHOICE

-----Cookies are manufactured on shared equipment
with peanuts and tree nuts

PLEASE NOTE:-----Secondary Lunch Price to Students is \$2.00

-----All Adult Sales are priced a la carte and are taxable

-----Dessert item offered bi-weekly

-----EXPRESSWAY (Offered daily in addition to main entrée choices

(Grilled Tyson chicken patty, Veggie Burger, hot dog, Pizza, etc.)

-----Cook's Choice Soup will be offered three times per week (Oct-May)

-----A la carte Milk offered daily @ \$.50/carton (all varieties)

--YOGURT LUNCH consists of 8 oz. yogurt plus four (4) side choices